2008 SEASON REVIEW



2008 SEASON REVIEW • Men's Best Marks

Feb. 29-Mar. 1 MPSF Championships (Seattle, Wash.): 1. Oregon - 90; 2. California - 84.50; 3. Stanford - 83; 4. Arizona State - 77; 5. Washington - 66.50; 6. UCLA -

64.50; 7t. Arizona - 58; 7t. Washington St. - 58; 9. Cal St. Northridge - 49; 10. Long Beach St. - 28.50. at **NCAA Indoor Championships** (Fayetteville, Ark.): 1. Arizona State, 44; 2. Florida State, 41; 3. Texas, 34; 4. LSU, 33; 5. Tennessee, 26; 6. Arkansas, 24; 7. Stanford, 23; 8. Florida, 19; 9. Northern Iowa, 18; **10 (tie). Washington, 17**; 10 (tie). Texas A&M, 17. March 14-15

at **Pepsi Team Invitational** (Eugene, Ore.): 1. Oregon, 230; 2. Penn State, 150; 3. Minnesota, 140.50; **4. Washington, 125.50.** at **WSU Dual** (Pullman, Wash.): 1. Washington State, 93; **2. Washington, 70.** April 5

May 3

at Pac-10 Championships (Tempe, Ariz.): 1. Oregon, 144.5; 2. Arizona State, 134; 3. UCLA, 108; 4. California, 81.5; 5. Stanford, 79; 6. Washington St., 73.5; May 16-17

7. USC, 69.5; 8. Arizona, 65; **9. Washington, 63.**

May 30-31 at NCAA Regional Championships (Northridge, Calif.): 1. Arizona State, 74; 2. Southern California, 72; 3. UCLA, 68.50; 4. Washington, 54; 5. Oregon, 53;

6. California, 50; 7. Arizona, 42; 8. Boise State, 40; 9. Stanford, 39; 9. Washington State, 39; 9. Long Beach State, 39. at **NCAA Championships** (Des Moines, Iowa.): 1. Florida State, 52; 2. LSU, 44; 2. Auburn, 44; 4. Texas, 35; 5. Texas A&M, 32; 6. Arizona State, 28; 7. Baylor, June 11-14

27; 7. Southern California, 27; 9. Kentucky, 25; 10. Colorado, 24; 16. Washington, 19.33.

NOTE: Only scored meets listed; full schedule on following page.

- · For indoor events, NCAA standards are listed Automatic
- Indoor marks and wind-aided marks above 4.0 mps (W) are not accepted for NCAA qualifying.

<u>60 Meter Dash (Indoor)</u> Joseph Turner	NCAA: 6.63 / 6.74 6.93 (2/29)	1500 Meters Carl Moe	NCAA Reg: 3:48.06	3:47.80 (4/12)	3,000 Meters Steeple *Carl Moe	NCAA Reg: 9:0 8:41.83 (6	7.00 (5/13)
Rvan Hamilton	7.01 (3/8)	Charlie Williams	3:50.27	(4/25)	James Wilson		1/25)
Kenny Shaw	7.18 (2/2)	Austin Abbott	3:51.24	(4/25)	Tom Peterson		(4/5)
Corey Fredericks	7.10 (2/2)	Chris Ahl	3:51.62	(4/5)	101111 01010011	0.01.01	(1, 0,
					5,000 Meters	NCAA Reg: 14:1	2 00
Andrew Ferleman	7.34 (2/29)	Kelly Spady	3:52.77	(5/17)			
		Brian Govier	3:54.32	(4/5)	Jordan Swarthout		1/25)
100 Meter Dash	NCAA Reg: 10.55	James Wilson	3:55.06	(4/5)	Kelly Spady		(4/5)
Joseph Turner	10.65 (5/16)	Tom Peterson	3:55.20	(4/12)	Chris Ahl	14:54.87 (4	1/12)
Ryan Hamilton	10.76 (4/5)	Zach Gussin	3:55.76	(4/25)			
Randy Bacon	10.78w (4/26)	Jake Schmitt	3:56.30	(3/28)	5,000 Meters (Indoor) NCA	A: 13:47.00 / 14:1	0.00
Kenny Shaw	11.09w (4/26)	Riley Booker	3:57.07	(5/10)	#Jake Schmitt		2/16)
Kellily Ollaw	11.0300 (4/20)	Caleb Knox	3:57.45	(4/5)	Riley Booker		2/29)
200 Meter Deeb	NCAA Daw 21 25	Jordan Swarthout	3:58.63	(5/10)	James Wilson		2/29)
200 Meter Dash	NCAA Reg: 21.35				Janies Wilson	13.03.32 (2	2/23/
*Jordan Boase	20.37 (5/3)	Colton Tolly-Doyle	4:08.69	(3/28)			
*Joseph Turner	21.06 (5/16)	Tim Freeman	4:11.90	(3/28)			
Ryan Hamilton	21.80 (4/26)					A: 28:45.00 / 29:3	
Randy Bacon	21.92 (5/3)	Mile	NCAA Reg:	4:06.00	#Jake Schmitt		(4/5)
•		*Carl Moe	4:01.53	(5/10)	Riley Booker	30:54.47	(4/5)
200 Meters (Indoor)	NCAA: 20.83 / 21.23	Brian Govier	4:11.41	(5/10)			
#Jordan Boase	21.08 (2/29)	Jake Schmitt	4:12.62	(5/10)	60 Meter Hurdles (Indoor)	NCAA: 7.70 /	7.91
James Fredrickson	21.51 (2/16)	Charlie Williams	4:15.35	(5/10)	Kenny Shaw		(3/8)
					Andrew Ferleman		(3/1)
Joseph Turner	21.57 (2/29)	James Wilson	4:19.72	(5/10)			
Ryan Hamilton	21.96 (2/29)	Kelly Spady	4:20.02	(5/10)	Bobby Noble	10.17 (2	2/16)
Jeff Gudaitis	22.15 (2/16)	Austin Abbott	4:20.73	(5/10)			
					110 Meter Hurdles	NCAA Reg: 1	
400 Meter Dash	NCAA Reg: 47.20	Mile (Indoor)	NCAA: 3:59.50 /	4:04.00	Kenny Shaw		1/26)
\$*Jordan Boase	44.82 (4/12)	Chris Ahl	4:05.67	(2/16)		14.94	(5/3)
*Jeff Gudaitis	46.82 (5/16)	Charlie Williams	4:06.04	(2/16)	Andrew Ferleman	16.40	(4/5)
Joseph Turner	47.68 (5/3)	Carl Moe	4:06.05	(3/8)			
Kyle Still	49.61 (4/26)	Tom Peterson	4:08.27	(3/8)	400 Meter Hurdles	NCAA Reg: 5	2:51
Kyle otili	43.01 (4/20)	Jake Schmitt	4:09.67	(1/19)	*James Fredrickson		5/31)
(00 Mater Deels (Indees)	NCAA: 46.15 / 47.25	Zack Gussin	4:10.25	(3/1)	Kyle Still		(5/3)
400 Meter Dash (Indoor)					Miles Timpe		1/26)
\$#Jordan Boase	46.34 (3/15)	Riley Booker	4:10.75	(2/2)	Miles Hillpe	55.57 (4	+/20)
James Fredrickson	47.40 (2/2)	Max O'Donoghue-McDonald	4:11.13	(1/19)	4 400 M4 4 D I	NOAAD 4	0.00
Alex Harcourt	47.95 (2/2)	Caleb Knox	4:11.13	(3/8)	4x100 Meter Relay	NCAA Reg: 4	
Jeff Gudaitis	48.05 (3/1)	Brian Govier	4:11.31	(3/8)	*Boase/Fredrickson/Turner/Hamilton		5/17)
Joseph Turner	48.85 (2/16)	Kelly Spady	4:11.74	(3/8)	*Bacon/Fredrickson/Turner/Hamilton		(5/3)
Kyle Still	49.15 (2/16)	James Wilson	4:12.98	(2/2)	Frederick/Bacon/Gudaitis/Shaw	41.52 (4	1/26)
Miles Timpe	49.64 (2/2)	Colton Tully-Doyle	4:14.29	(3/8)			
Sam Rucker	50.26 (12/1)	Etienne Pierson	4:20.35	(2/16)	4x400 Meter Relay	NCAA Reg: 3:1	0.00
Kyle Acheson	51.46 (12/1)	David McCary	4:21.01	(3/8)	*Gudaitis/Fredrickson/Turner/Boase		5/17)
Kylo / Kilosoff	01.40 (12/1)	David Widdary	1.21.01	(0/0)	Gudaitis/Fredrickson/Still/Turner		(5/3)
800 Meters	NCAA Reg: 1:50.40	3,000 Meters			222209, 1.00.10.0011, 0011, 101101	33.00	, 5, 51
*Austin Abbott	1:48.14 (5/17)	Jordan Swarthout	8:28.28	(5/3)	4x400 Meter Relay (Indoor) NO	AA: 3:06.50 / 3:1	በ ፈበ
					#Gudaitis/Fredrickson/Boase/Harcourt	3:09.74 (2	2/16)
Brian Govier	1:50.78 (4/12)	Jake Schmitt	8:30.39	(5/3)			, -,
Charlie Williams	1:52.14 (4/5)	Carl Moe	8:39.56	(5/3)	Gudaitis/Fredrickson/Turner/Harcourt	3:14:56	(2/2)
Tim Freeman	1:55.29 (4/5)	Kelly Spady	8:42.56	(5/3)			
Zack Gussin	1:59.78 (5/3)	Riley Booker	8:46.71	(5/3)		SAA: 9:34.00 / 9:4	
Chris Ahl	2:02.83 (5/3)	Zach Gussin	9:03.13	(3/28)	Williams/Gudaitis/Govier/Ahl	9:48.43 (2	2/29)
					Williams/Still/Govier/Ahl	9:53.46	(2/2)
800 Meters (Indoor)	NCAA: 1:48.20 / 1:50.50	3,000 Meters (Indoor)	NCAA: 7:54.50 /	8:05.00			
Charlie Williams	1:52.21 (2/2)	Jake Schmitt	8:09.17	(3/1)	High Jump (Indoor)		
Brian Govier	1:52.53 (2/16)	Chris Ahl 8:16.26	(2/2)	(0/1/	NCAA: 7-4 1/4 (2.24) / 7-0 1/4 (2.14)		
		Tom Peterson	8:16.52	(3/1)	#Norris Frederick	7-3 (2.21)	(3/1)
Tim Freeman					#TVOTTO LICUOTION	1 0 (4.41)	(0/ 1)
Logan Ordona	1:55.82 (2/16)	Caleb Knox	8:20.52	(2/16)	Uinh lumn	Dom. C 40 0/4 /4	3 401
Zack Gussin	1:56.97 (3/1)	Riley Booker	8:21.86	(2/16)		Reg: 6-10 3/4 (2	
David McCary	1:57.09 (2/16)	James Wilson	8:34.97	(2/16)	*Norris Frederick	7-3 1/4 (2.22)	(5/3)
Kyle Still	1;58.46 (3/1)	Jordan Swarthout	8:24.74	(3/8)			
Etienne Pierson	1:59.41 (2/2)	Colton Tully-Doyle	8:27.92	(3/1)			

Men's Best Marks • 2008 SEASON REVIEW

	Men's Best Ma	arks
Pole Vault *Jared O'Connor	NCAA Reg: 16- 17-5 (5.31)	
Ryan Vu Andrew Ferleman	16-0 3/4 (4.90) 12-7 1/2 (3.85)	(4/5) (5/3)
Pole Vault (Indoor) #Scott Roth	NCAA: 18-0 1/2 (5.50) / 17-0 3/4 (17-8 1/4 (5.39)	(3/1)
Jared O'Connor Ryan Vu Jeremy Lashinskee	16-7 1/2 (5.07) 16-6 1/2 (5.04) 15-1 3/4 (4.62)	(3/1) (2/2)
Bobby Noble Long Jump	14-1 3/4 (4.31) NCAA Reg :	
*Norris Frederick	25-6 3/4 (7.79)	
Corey Fredericks Andrew Ferleman	22-0 3/4 (6.72) 21-10w (6.65)	(3/28) (5/3)
Long Jump (Indoor) \$@Norris Frederick	NCAA: 25-9 1/4 (7.85) / 24- 7 26-7 3/4 (8.12)	(2/29)
Corey Fredericks Andrew Ferleman	20-10 1/4 (6.66) 21-10 (6.65)	(3/8) (1/19)
Triple Jump	NCAA Reg: 49-2	1/2 (15.00)
Corey Fredericks	46-0 (14.02) 45-2 1/4w (13.77)	(3/28)
Jared O'Connor Andrew Ferleman	45-2 1/4w (13.77) 40-4 3/4 (12.31)	(5/3) (4/5)
<u>Triple Jump (Indoor)</u> Corey Fredericks	NCAA: 52-10 (16.10) / 50-6 45-3 (13.79)	
Shot Put	NCAA Reg: 55-1	1/2 (16.80)
Cameron Elisara	52-10 3/4 (16.12)	(5/10)
Zach Midles	52-10 3/4 (16.12) 49-7 3/4 (15.13) 35-6 3/4 (10.85)	(5/3)
Andrew Ferleman		
Shot Put (Indoor) Cameron Elisara	NCAA: 63-4 (19.30) / 5 53-5 (16.28)	(2/2)
Daniel Te'o-Nesheim	51-1 3/4 (15.59)	(2/2)
Andrew Ferleman Bobby Noble	36-7 1/2 (11.16) 33-8 3/4 (10.28)	(12/1) (1/19)
Discus	NCAA Reg: 16	
Zach Midles	163-9 (49.92)	(5/3)
Peter Follmer Daniel Te'o-Nesheim	155-6 (47.39) 153-4 (46.74)	(5/17) (5/17)
David Nyland	113-11 (34.73)	(4/5)
Andrew Ferleman	122-0 (37.20)	(5/3)
Hammer Throw	NCAA Reg: 18	
*Zach Midles David Nyland	207-11 (63.38) 78-2 (23.83)	(5/17) (4/5)
Weight Throw (Indoor) Zack Midles	NCAA: 70-6 1/2 (21.50) / 63-11 60-3 (18.36)	3/4 (19.50) (3/8)

NCAA Reg: 202-1 (61.60)

NCAA: 5,650 / 5,300

NCAA: 7,500 / 6,900

(5/3)

(5/10)

(3/28)

(2/1-2)

(2/29-3/1)

(5/9-5/10)

226-0 (68.90) 212-5 (64.74)

188-1 (57.33)

139-5 (42.50)

4,644

4,542

6,064

Javelin*David Nyland
*Kyle Nielsen

Andrew Ferleman

Bobby Noble Andrew Ferleman

Andrew Ferleman

Decathlon

Heptathlon (Indoor)

Zach Woods



In his final run at home, senior Carl Moe made a valiant run at a four-minute mile in cold and windy conditions at Husky Stadium, falling just short in 4:01.53. Moe went on to place 8th in the steeple at the NCAA Championships.

 	championship meet competitors underlined automatic qualifying mark provisional qualifying mark Regional Championships qualifying mark ngton school record aided mark between 2.0-4.0 mps aided mark greater than 4.0 mps djusted for altitude per NCAA standards
Dec. 12 Jan. 19 Feb. 1-2 Feb. 17 Feb. 29-Mar. 1 Mar. 8 Mar. 15 Mar. 28 Apr. 5 Apr. 5 Apr. 12 Apr. 17-20 Apr. 25-26 May 3 May 9-10 May 10 May 16-17 May 30-31 June 11-14	UW Winter Preview, Seattle UW Indoor Preview, Seattle UW Invitational, Seattle The Husky Classic, Seattle UW Open Meet, Seattle UW Open Meet, Seattle MPSF Championships, Seattle NCAA Last Chance Qualifier, Seattle NCAA Indoor Championships, Fayetteville, Ark. UW Outdoor Preview, Seattle Stanford Invitational, Palo Alto, Calif. Pepsi Team Invitational, Fugene, Ore. Sun Angel Classic, Tempe, Ariz. Mt. SAC Relays, Walnut, Calif. Oregon Invitational, Fugene, Ore. UW-WSU Dual, Pullman, Wash. Pac-10 Multi-Event Championships, Tempe, Ariz. Ken Shannon Invitational, Seattle Pae-10 Championships, Tempe, Ariz. NCAA West Regional Championships, Northridge, Calif. NCAA Championships, Des Moines, Iowa

May 30-31

June 11-14

2008 SEASON REVIEW • Women's Best Marks

Feb. 29-Mar. 1 MPSF Championships (Seattle, Wash.): 1. Arizona State - 154.50; 2. Stanford - 141; 3. Oregon - 72; 4. California - 65.50; 5. Washington - 61.50; 6. Arizona - 57.50; 7. Washington St. - 49; 8. Cal St. Northridge - 38.50; 9. UCLA - 14.50; 10. Long Beach St. - 6. at **NCAA Indoor Championships** (Fayetteville, Ark.): 1. Arizona State, 51; 2. LSU, 43; 3. Michigan, 39; 4. Texas, 35; 5. Stanford, 32; 6. Florida State, 28; 7. March 14-15

Texas A&M, 23; 8 (tie). Florida, 19; 8 (tie). Tennessee, 19; 10 (tie). Virginia Tech, 18; 10 (tie). Kansas, 18; 10 (tie). Texas Tech, 18. 22 (tie). Washington, 9.

at Pepsi Team Invitational (Eugene, Ore.): 1. Minnesota, 193; 2. Oregon, 192; 3. Penn State, 181; 4. Washington, 78. April 5 May 3 at WSU Dual (Pullman, Wash.): 1. Washington State, 116; 2. Washington, 47.

at Pac-10 Championships (Tempe, Ariz.): 1. Arizona State, 186.5; 2. Stanford, 117; 3. Oregon, 100; 4. USC, 91; 5. UCLA, 80; 6. Washington St., 71.5; May 16-17 6. California, 71.5; 8. Arizona, 65; 9. Washington, 32.5; 10. Oregon State, 0.

at NCAA Regional Championships (Northridge, Calif.): 1. Arizona State, 114; 2. UCLA, 87.50; 3. Southern California, 78; 4. Stanford, 74; 5. Oregon, 50 6. California, 44.50; 7. San Diego State, 42; 8. Washington, 31; 8. Washington State, 31; 8. Cal State-Northridge, 31.

at NCAA Championships (Des Moines, Iowa.): 1. LSU, 67; 2. Arizona State, 63; 3. Texas A&M, 48; 4. Penn State, 39; 5. Texas Tech, 32; 6. Stanford, 31; 7. Michigan, 29; 8. Oregon, 27; 9. Florida, 26; 10. UTEP, 25.

NOTE: Only scored meets listed; full schedule on following page.

- · For indoor events, NCAA standards are listed Automatic
- Indoor marks and wind-aided marks above 4.0 mps (W) are not accepted for NCAA qualifying.

not accepted for the an qualifying	•	
<u>60-Meter Dash (Indoor)</u> Liz Fuller Lauren Visoria	NCAA: 7 8.06 8.10	(3/8) (2/2)
100 Meters Falesha Ankton	NCAA R 12.13	eg: 11.75 (5/3)
200 Meters Falesha Ankton Liz Fuller	NCAA R 24.86 27.64	eg: 23.96 (4/12) (4/25)
200 Meters (Indoor) Syreeta Martin Lauren Visoria	NCAA: 23.2 25.10 26.42	20 / 23.90 (3/8) (2/16)
400 Meters Dani Schuster Christina Lee Emily Collins Lindsey Kirschman	NCAA R 1:00.18 1:01.39 1:01.52 1:02.56	eg: 54.61 (5/3) (3/28) (5/3) (5/3)
400 Meters (Indoor) Syreeta Martin Falesha Ankton Marie Tvare Christina Lee Lauren Visoria Chelsey Johnson	NCAA: 52.4 57.05 57.13 59.03 59.69 59.75 1:06.10	(3/1) (2/16) (2/2) (12/1) (2/2) (12/1)
800 Meters *Katie Follett *Amanda Miller *Michelle Turner Andrea Brown Dani Schuster Kailey Campbell Annaliese Chapa Lindsey Kirschman Amy Lia Bailey Schutte Mo Huber	NCAA Reg 2:06.43 2:06.98 2:07.99 2:12.08 2:12.16 2:15.37 2:16.43 2:17.59 2:19.43 2:19.81 2:23.48	g: 2:09.80 (5/10) (5/3) (5/16) (5/16) (5/10) (4/5) (5/10) (5/10) (5/3) (5/3) (5/3)
800 Meters (Indoor) \$#Amanda Miller #Michelle Turner Andrea Brown Dani Schuster Kailey Campbell Christina Lee	NCAA: 2:05.00 2:06.69 2:08.97 2:12.49 2:13.23 2:13.39 2:21.65	/ 2:09.00 (2/2) (3/1) (3/1) (3/1) (3/8) (3/1)

<u>1500 Meters</u>	NCAA Re	
*Michelle Turner	4:14.94	
*Katie Follett	4:15.78	(5/31)
*Amanda Miller	4:16.68	(6/12)
Kailey Campbell	4:29.48	(4/25)
Amy Lia	4:33.08	(5/16)
Anna Fero	4:38.80	(4/5)
Bailey Schutte	4:38.83	(4/25)
Mo Huber	4:41.04	(3/28)
Annaliese Chapa	4:41.32	(4/25)
Andrea Brown	4:43.77	(5/10)
Emily Collins	4:56.51	(4/25)
Mile (Indoor)	NCAA: 4:40.00	
\$@Katie Follett	4:37.22	
@Amanda Miller	4:39.93	(2/16)
#Michelle Turner	4:40.08	(3/8)
#Andrea Brown	4:45.94	(2/2)
Kailey Campbell	4:53.60	(2/16)
Bailey Schutte	4:56.16	(3/1)
Anna Fero	4:56.72	(3/1)
Lauren Saylor	4:57.28	(3/8)
Mo Huber	4:58.24	(2/16)
Dayna Anderson	5:10.22	(3/8)
2,000 Meter Steeplechase		
Anna Imperati	7:05.06	(3/28)
Lauren Ho	7:41.05	(3/28)
3,000 Meters		
Lauren Saylor	10:01.69	(5/3)
Trisha Rasmussen	10:04.25	(5/3)
Kenna Patrick	10:13.28	(3/28)
Nicole Vielma	10:34.40	(3/28)
Dayna Anderson	10:48.81	(3/28)
Brooke Anderson	10:52.44	(5/3)
3,000 Meters (Indoor)	NCAA: 9:15.00	9:34.00
\$#Katie Follett	9:25.09	(3/1)
Anita Campbell	9:35.57	(2/16)
Bailey Schutte	9:42.93	(3/8)
Lauren Saylor	9:48.51	(2/2)
Trisha Rasmussen	9:48.65	(3/8)
Mo Huber	9:52.10	(3/1)
Dayna Anderson	10:03.49	(1/19)
Kailey Campbell	10:04.96	(1/19)
Anna Imperati	10:05.46	(3/1)
Kenna Patrick	10:09.07	(2/2)
Anna Fero	10:15.83	(3/8)
3,000 Meter Steeplechase	NCAA Reg	
*Mo Huber	10:49.34	(5/16)
Anna Imperati	11:21.45	(4/5)

*Katie Follett *Trisha Rasmussen *Lauren Saylor Kenna Patrick Bailey Schutte Mo Huber Anna Imperati Dayna Anderson	16:01.16 16:47.04 16:49.73 17:17.85 17:18.67 17:27.32 18:01.75 18:04.67	(5/4 (5/31 (4/25 (4/5 (5/17 (4/12 (4/25 (4/5
5.000 Meters (Indoor) Lauren Saylor Trisha Rasmussen Kenna Patrick Anna Imperati Dayna Anderson	NCAA: 16:08.00 / 16:45.96 16:49.35 17:22.16 17:30.41 17:54.02	16:45.00 (2/29 (2/29 (2/29 (2/29 (2/29
10,000 Meters Trisha Rasmussen Lauren Saylor	NCAA: 33:30.00 / 35:01.64 37:37.36	35:00.00 (4/5 (5/16
60-Meter Hurdles (Indoor) #Falesha Ankton Syreeta Martin Liz Fuller		. 14 / 8.43 (3/1 (3/1 (2/16
100 Meter Hurdles *Falesha Ankton	NCAA R 6 13.46	eg: 13.92 (5/30
Liz Fuller	14.88	(5/3
400 Meter Hurdles *Falesha Ankton	NCAA Reg 59.52	1:00.82 (5/17
4x100 Meter Relay Fuller/Amiad-Pavlov/Pappas/Di	NCAA Ro Vesta 51.38	eg: 45.70 (5/3
4x400 Meter Relay Kirschman/K. Campbell/Schuster/Tu	NCAA Reg rner 4:01.23	3:42.00 (5/3
4x400-Meter Relay (Indoor) Martin/Ankton/Miller/Turner Martin/Ankton/Tvare/Visoria	NCAA: 3:33.00 3:47.88 3:53:50	/ 3:40.00 (2/16 (2/2
Dist. Medley Relay (Indoor) \$#Miller/Ankton/Turner/Follett #Miller/Tvare/Turner/Follett Miller/Ankton/Turner/Brown	NCAA: 11:09.00 / 11:12.77 11:19.94 11:29.02	11:30.00 (2/29 (2/2 (3/14
High Jump Daria Amiad-Pavlov Liz Fuller Robyn Robblee Allison Lombardo Nicole Vielma	NCAA Reg: 5-8 3 5-7 (1.70) 5-5 (1.65) 5-3 3/4 (1.62) 5-3 (1.60) 5-3 (1.60)	3/4 (1.75) (5/3 (5/3 (4/12 (5/3 (5/3

NCAA Reg: 16:52.00

5,000 Meters

Women's Best Marks • 2008 SEASON REVIEW

	Women's Best Marks
High Jump (Indoor) Liz Fuller Allison Lombardo Robyn Robblee Nicole Vielma	NCAA: 6-0 3/4 (1.85) / 5-10 (1.78) 5-5 3/4 (1.67) (2/29) 5-4 1/2 (1.64) (3/8) 5-2 1/2 (1.59) (3/8) 5-2 1/2 (1.59) (2/16)
Pole Vault *Kelley DiVesta *Stevie Marshalek *Sarah Pappas Allison Moore Andrea Peterson Lauren Walker	NCAA Reg: 12-7 1/2 (3.85) 13-3 1/2 (4.05) (5/3) 12-11 3/4 (3.96) (5/30) 12-7 1/2 (3.85) (5/10) 12-1 1/2 (3.70) (5/17) 12-1 1/2 (3.70) (5/17) 11-11 3/4 (3.65) (4/12)
Pole Vault (Indoor) #Kelley DiVesta Andrea Peterson Allison Moore Lauren Walker Allison Wojciechowski	NCAA: 13-9 1/4 (4.20) / 12-11 1/2 (3.95) 13-9 1/4 (4.17) (3/15) 12-8 (3.86) (2/2) 12-2 1/2 (3.72) (2/16) 11-7 1/4 (3.54) (3/8) 11-0 3/4 (3.37) (12/1)
Long Jump Liz Fuller Daria Amiad-Pavlov Robyn Robblee	NCAA Reg: 19-8 1/4 (6.00) 18-2 1/2 (5.55) (5/3) 18-2 1/4 (5.54) (4/12) 15-0 (4.57) (4/5)
Long Jump (Indoor) Liz Fuller Daria Amiad-Pavlov Taylor Nichols Riley Glandon	NCAA: 20-10 (6.35) / 20-0 1/4 (6.10) 18-5 1/4 (5.62) (2/29) 18-3 3/4 (5.58) (3/8) 17-8 1/4 (5.39) (12/1) 14-3 (4.34) (12/1)
<u>Triple Jump</u> Daria Amiad-Pavlov Nicole Vielma	NCAA Reg: 40-5 (12.32) 38-8 3/4 (11.80) 37-0 1/2 (11.29) (5/10)
Triple Jump (Indoor) Daria Amiad-Pavlov Taylor Nichols	NCAA: 43-7 3/4 (13.30) / 41-6 (12.65) 39-3 (11.96) (1/19) 38-8 3/4 (11.80) (12/1)
Shot Put Korede Oyetuga Elisa Bryant Liz Fuller	NCAA Reg: 46-11 (14.30) 39-0 1/2 (11.90) (5/3) 38-6 3/4 (11.75) (4/26) 37-0 1/4 (11.28) (5/3)
Shot Put (Indoor) Liz Fuller	NCAA: 55-5 1/2 (16.90) / 49-10 1/2 (15.20) 40-10 1/2 (12.46) (2/29)
<u>Discus</u> Elisa Bryant Caroline Veldman Korede Oyetuga	NCAA Reg: 155-2 (47.30) 147-2 (44.85) (5/3) 147-0 (44.81) (4/12) 136-2 (41.50) (4/12)
Hammer Throw *Elisa Bryant Korede Oyteuga Caroline Veldman	NCAA Reg: 177-8 (54.15) 178-9 (54.48) (5/3) 146-7 (44.67) (4/26) 144-6 (44.05) (4/26)
Weight Throw (Indoor)	NCAA: 68-10 3/4 (21.00) / 61-6 (18.75) 61-1 1/2 (18.63) (2/29)

61-1 1/2 (18.63)

50-9 1/4 (15.47)

46-10 1/4 (14.28)

113-11 (34.73)

64-8 (19.71)

3,840

4,780

NCAA Reg: 142-6 (43.45)

NCAA: 4,050 / 3,700

NCAA: 5,500 / 5,050

(2/29)

(2/16)

(5/3)

(4/5)

(2/29)

(4/16-17)

\$Elisa Bryant

<u>Javelin</u> Liz Fuller

Elisa Bryant

#Liz Fuller

<u>Heptathlon</u> Liz Fuller

Korede Oyetuga

Caroline Veldman

Pentathlon (Indoor)



Falesha Ankton clocked the second-fastest 100-meter hurdles time in school history at NCAA West Regionals. Ankton finished in 13.46 seconds, placing second to qualify for the NCAA Championships.

 @ — NCAA # — NCAA * — NCAA \$ — Washi W — Wind-a a — Mark a 	championship meet competitors underlined automatic qualifying mark provisional qualifying mark Regional Championships qualifying mark ngton school record aided mark between 2.0-4.0 mps aided mark greater than 4.0 mps djusted for altitude per NCAA standards
Dec. 12 Jan. 19 Feb. 1-2 Feb. 16 Feb. 17 Feb. 29-Mar. 1 Mar. 8 Mar. 15 Mar. 28 Apr. 5 Apr. 5 Apr. 12 Apr. 17-20 Apr. 25-26 May 3 May 9-10 May 10 May 16-17 May 30-31 June 11-14	UW Winter Preview, Seattle UW Indoor Preview, Seattle UW Invitational, Seattle The Husky Classic, Seattle UW Open Meet, Seattle WPSF Championships, Seattle NCAA Last Chance Qualifier, Seattle NCAA Indoor Championships, Fayetteville, Ark. UW Outdoor Preview, Seattle Stanford Invitational, Palo Alto, Calif. Pepsi Team Invitational, Fugene, Ore. Sun Angel Classic, Tempe, Ariz. Mt. SAC Relays, Walnut, Calif. Oregon Invitational, Fugene, Ore. UW-WSU Dual, Pullman, Wash. Pac-10 Multi-Event Championships, Tempe, Ariz. Ken Shannon Invitational, Seattle Pac-10 Championships, Tempe, Ariz. NCAA West Regional Championships, Northridge, Calif. NCAA Championships, Des Moines, Iowa

2008 SEASON REVIEW • Postseason Summaries

MPSF Indoor Championships

Feb. 29-Mar. 1 • Seattle, Wash.

The Washington track teams each turned in solid fifth-place finishes at the 2008 MPSF Championships in the Dempsey Indoor. Five Husky records went down over the two-day meet. Senior Norris Frederick broke through with a Dempsey and MPSF record long jump of 26-feet, 7 3/4 inches to assume the new NCAA lead and win the title. It was Frederick's third-consecutive MPSF long jump crown. Jordan Boase captured the men's 400-meter dash title in a school record time of 46.37. Boase's win followed up his second place finish in the 200-meters. Coupling that with his No. 3 leg on UW's fourth-place 4x400-meter relay, and Boase was a major factor in 23 of Washington's 66.5 total points. The 12th-ranked Oregon men won the MPSF title with 90 points, snapping the UW men's streak of conference titles at two. Second-ranked Arizona State held off No. 3 Stanford to take the women's crown for the second year in a row. Katie Follett's second-place 3k time of 9:25.09 set a school record by more than seven seconds. The women's team had five second-place finishes, including Follett in the 3K, Amanda Miller in the mile, Falesha Ankton in the 60m hurdles, Liz Fuller in the pentathlon, and the distance medley relate team. With the Dempsey still buzzing about his 26' 7 34" long jump, Norris Frederick put on an impressive encore in the high jump. For the second-straight day, Frederick turned in a career-best performance, clearing 7' 3" to finish second. Scott Roth was outstanding in the pole vault, placing second with a season-best clearance of 17' 8 1/4".



Norris Frederick's 26-7 3/4 long jump was a school, facility, and meet record.

Men

Team Scoring: 1. Oregon - 90; 2. California - 84.50; 3. Stanford - 83; 4. Arizona State - 77; 5. Washington - 66.50; 6. UCLA - 64.50; 7t. Arizona - 58; 7t. Washington St. - 58; 9. Cal St. Northridge - 49; 10. Long Beach St. - 28.50.

UW Scorers:

1st	Jordan Boase	400m Dash	46.37
1st	Norris Frederick	Long Jump	26-7 3/4
2nd	Jordan Boase	200m Dash	21.08
2nd	Norris Frederick	High Jump	7-3
2nd	Scott Roth	Pole Vault	17-8 1/4
4th	Gudaitis/Fredrickson/Boase/Harcourt	4x400m Relay	3:10.52
6th	Joe Turner	200m Dash	21.57
6th	Jake Schmitt	3000m Run	8:09.17
6th	Jake Schmitt	5000m Run	14:14.89
6th	Williams/Gudaitis/Govier/Ahl	Distance Medley Relay	9:48.43
6th	Zack Midles	Weight Throw	59-11 3/4
7th (tie)	Ryan Vu	Pole Vault	16-6 1/2
8th	James Fredrickson	200m Dash	21.82

Women

Team Scoring: 1. Arizona State - 154.50; 2. Stanford - 141; 3. Oregon - 72; 4. California -65.50; **5. Washington - 61.50**; 6. Arizona - 57.50; 7. Washington St. - 49; 8. Cal St. Northridge - 38.50; 9. UCLA - 14.50; 10. Long Beach St. - 6.

044 0001013) .		
2nd	Amanda Miller	Mile Run	4:43.41
2nd	Katie Follett	3000m Run	9:25.09
2nd	Falesha Ankton	60m Hurdles	8.43
2nd	Miller/Ankton/Turner/Follett	Distance Medley Relay	11:12.77
2nd	Liz Fuller	Pentathlon	3,840
4th	Michelle Turner	800m Run	2:08.97
5th	Syreeta Martin	60m Hurdles	8.68
5th	Elisa Bryant	Weight Throw	61-1 1/2
6th	Lauren Saylor	5000m Run	16:45.96
7th	Andrea Brown	Mile Run	4:47.70
7th	Trisha Rasmussen	5000m Run	16:49.35
7th (tie)	Kelley DiVesta	Pole Vault	13-1
8th	Andrea Brown	800m Run	2:12.49

NCAA Indoor Championships March 14-15 • Fayetteville, Ark.



Amanda Miller, left, and Katie Follett, right, finished fifth and sixth in the mile run. Michelle Turner also placed ninth, as UW was the only school to have three All-Americans in one event.

Washington sent seven individuals to the NCAA Indoor Championships at Arkansas' Randall Tyson Track Center, and all seven came away with Top-10 finishes. The men's squad tied for 10th-place behind All-America performances from **Jordan Boase** and **Norris Frederick**, while the women tied for 22nd, thanks to their trio of All-American milers and vaulter Kelley DiVesta. Frederick had his best showing at nationals, placing second in the long jump with a mark of 26-2 3/4, and took sixth in the high jump, clearing 7-2 1/4. Boase proved he belonged on the national level with a third-place run of 46.34 seconds, a new PR. Amanda Miller, Katie Follett, and Michelle **Turner** went fifth, sixth, and ninth in the women's mile, respectively. DiVesta meanwhile ended her indoor career exactly how any athlete would want, with a new personal-best, as she cleared 13-9 1/4 to place seventh and earn her first All-America honor. The 10th-place finish by the men followed 2007's seventh-place showing, giving UW its first back-to-back Top-10's in program history. The women's 22nd-place finish was the third-best in program history.

Top-10 Teams: 1. Arizona State, 44; 2. Florida State, 41; 3. Texas, 34; 4. LSU, 33; 5. Tennessee, 26; 6. Arkansas, 24; 7. Stanford, 23; 8. Florida, 19; 9. Northern Iowa, 18; 10 (tie). Washington, 17; 10 (tie). Texas A&M, 17.

UW Participants:

2nd	Norris Frederick*	Long Jump	26-2 3/4
3rd	Jordan Boase*	400m Dash	46.34
6th	Norris Frederick*	High Jump	7-2 1/4
10th (tie)	Scott Roth	Pole Vault	17-0 3/4

Women

Top-10 Teams: 1. Arizona State, 51; 2. LSU, 43; 3. Michigan, 39; 4. Texas, 35; 5. Stanford, 32; 6. Florida State, 28; 7. Texas A&M, 23; 8 (tie). Florida, 19; 8 (tie). Tennessee, 19; 10 (tie). Virginia Tech, 18; 10 (tie). Kansas, 18; 10 (tie). Texas Tech, 18. **22 (tie). Washington, 9.**

IIW Particinants

OTT I WILLOID	unto.		
5th .	Amanda Miller*	Mile Run	4:41.56
6th	Katie Follett*	Mile Run	4:41.88
7th	Kelley DiVesta*	Pole Vault	13-9 1/4
9th	Michelle Turner*	Mile Run	4:48.24
11th	Miller/Ankton/Turner/Brown	Distance Medley Relay	11:29.02
* Earned All-A	America honors	, ,	

Postseason Summaries • 2008 SEASON REVIEW



Ryan Hamilton anchors the 4x100m relay to its first Pac-10 title in program history.

Men

Team Totals: 1. Oregon, 144.5; 2. Arizona State, 134; 3. UCLA, 108; 4. California, 81.5; 5. Stanford, 79; 6. Washington St., 73.5; 7. USC, 69.5; 8. Arizona, 65; 9. Washington, 63.

UW Scorers:

1st	Boase/Fredrickson/	4x100m Relay	39.52
	Turner/Hamilton		
2nd	Jordan Boase	400m Dash	44.97
2nd	Norris Frederick	High Jump	7-2 1/4
2nd	Norris Frederick	Long Jump	25-4
3rd	Zack Midles	Hammer Throw	207-11
4th	Joe Turner	200m Dash	21.15
4th	Austin Abbott	800m Run	1:48.14
4th	Carl Moe	Steeplechase	8:47.93
5th	Gudaitis/Fredrickson/	4x400m Relay	3:09.16
	Turner/Boase		
6th	James Fredrickson	400m Hurdles	51.62
8th	Kyle Nielsen	Javelin	210-10

Pac-10 Championships

May 16-17 • Tempe, Ariz.

Five Husky athletes made history at the Pac-10 Championships in Tempe, Ariz., capturing conference crowns that no UW athletes had ever won. Sophomore Katie Follett took the women's 1500-meter title in a time of 4:22.41, becoming the first Husky female to win a Pac-10 running event since Anna Aoki in 2001. Follett was running third behind Oregon's Nicole Blood and Stanford's Lauren Centrowitz until the last 75 meters, when she went out wide and sprinted past the pair to win by nearly a second. Just moments before, Washington's men's 4x100-meter relay squad also claimed its first ever Pac-10 title in an event that dates back over 30 years. Junior Jordan Boase, senior James Fredrickson, junior Joe **Turner**, and freshman **Ryan Hamilton** relied on superior transfers to race to the win in 39.52 seconds. It is also just the third relay win of any kind for the Huskies at the conference meet, and first since 1999 when UW won the 4x400-meters. Other major showings were turned in by senior Norris Frederick who took second in the long jump (25-4) and high jump (7-21/4), and Boase, who ran under 45-seconds in the 400-meters for the second time this season but was edged by USC's Lionel Larry who ran an NCAA-best 44.77 to beat boase's 44.97. Senior Austin Abbott took fourth in the 800m with the fifth-best time in UW history at 1:48.14, while Turner logged the eighth-best 200m time to finish fourth as well. Senior Carl Moe was fourth in the steeplechase, while sophomore Zack Midles led the throws unit with a third-place showing in the hammer.

Women

Team Totals: 1. Arizona State, 186.5; 2. Stanford, 117; 3. Oregon, 100; 4. USC, 91; 5. UCLA, 80; 6. Washington St., 71.5; 6. California, 71.5; 8. Arizona, 65; 9. Washington, 32.5; 10. Oregon State, 0.

UW Scorers:

1st	Katie Follett	1500m Run	4:22.41
5th	Amanda Miller	1500m Run	4:27.63
5th	Lauren Saylor	10000m Run	37:37.36
5th	Falesha Ankton	400m Hurdles	59.52
6th	Michelle Turner	800m Run	2:09.84
6th	Katie Follett	5000m Run	17:00.12
6th	Trisha Rasmussen	10000m Run	37:53.64
7th (tie)	Kelley DiVesta	Pole Vault	13-1 3/4

NCAA West Regional Championships

May 30-31 • Northridge, Calif.

Senior Michelle Turner and junior Jared O'Connor had to have great seasons already just to qualify for the NCAA West Regionals, but neither were among the favorites for national meet bids heading into the meet hosted by Cal State Northridge. Yet not only did Turner and O'Connor highlight nine automatic qualifying showings for the Huskies, each won their respective events in stunning fashion. Turner, seeded ninth in the women's 1500-meters with a lifetime best of 4:23.38, sprinted past the leaders with 300 meters to go, opening up a large lead that she carried to victory in 4:14.94, nearly a nine-second personal best. The only runner who closed the gap on Turner was sophomore teammate Katie Follett, who was second in 4:15.78, also a major PR. The two runs were the fourth and fifth fastest in UW history. O'Connor had the meet of his life in the pole vault, clearing new personal bests on three consecutive vaults, finally finishing with a best of 17-5. Entering the meet, O'Connor's lifetime best was 16-6 3/4. Other Huskies earning automatic NCAA bids were Norris Frederick in the long jump (2nd, 25-2), Jordan Boase in the 400m (3rd, 46.80), Falesha Ankton in the 100m hurdles (2nd, 13.49), Austin Abbott in the 800m (4th, 1:49.75), and James Fredrickson in the 400m hurdles (5th, 51.22). Washington's men's 4x100m relay (Boase, Randy Bacon, Joseph Turner, Ryan Hamilton) also cruised into NCAA's running 39.97 in the final.

Men

Top-10 Teams: 1. Arizona State, 74; 2. Southern California, 72; 3. UCLA, 68.50; 4. Washington, 54; 5. Oregon, 53; 6. California, 50; 7. Arizona, 42; 8. Boise State, 40; 9. Stanford, 39; 9. Washington State, 39; 9. Long Beach State, 39.

IIW Participante

UVV Fait	icipanis.		
1st	Jared O'Connor	Pole Vault	17-5
2nd	Bacon/Fredrickson/	4x100m Relay	39.97
	Turner/Hamilton	·	
2nd	Norris Frederick	Long Jump	25-2 1/2
3rd	Jordan Boase	400m Dash	46.80
4th	Austin Abbott	800m Run	1:49.75
5th	James Fredrickson	400m Hurdles	51.22
6th	Joe Turner	200m Dash	21.23
6th	Jeff Gudaitis	400m Dash	47.30
6th	Norris Frederick	High Jump	6-11
7th	Carl Moe	Steeplechase	8:51.82
7th	Zack Midles	Hammer	205-1
16th	Kyle Nielsen	Javelin	199-5



Michelle Turner and Katie Follett on the podium after going 1-2 in the 1,500-meters.

Women

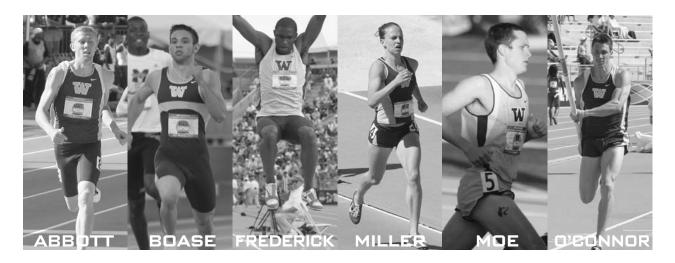
Top-10 Teams: 1. Arizona State, 114; 2. UCLA, 87.50; 3. Southern California, 78; 4. Stanford, 74; 5. Oregon, 50; 6. California, 44.50; 7. San Diego State, 42; 8. Washington, 31; 8. Washington State, 31; 8. Cal State-Northridge, 31.

UW Participants:

1st	Michelle Turner	1500m Run	4:14.94
2nd	Katie Follett	1500m Run	4:15.78
2nd	Falesha Ankton	100m Hurdles	13.49
6th	Amanda Miller	1500m Run	4:21.27
8th	Trisha Rasmussen	5000m Run	16:47.04
8th	Falesha Ankton	400m Hurdles	1:02.89
13th	Stevie Marshalek	Pole Vault	12-11 3/4
18th	Lauren Saylor	5000m Run	17:16.58
21st	Elisa Bryant	Hammer	166-3
27th (tie)	Sarah Pappas	Pole Vault	12-0
32nd	Mo Huber	Steeplechase	11:17.70
	Kelley DiVesta	Pole Vault	NH

2008 SEASON REVIEW • Postseason Summaries

WASHINGTON'S 2008 NCAA OUTDOOR ALL-AMERICANS



NCAA Outdoor Championships

June 11-14 • Des Moines, Iowa

The Washington men's track and field team placed 16th in the final standings at the 2008 NCAA Championships at Drake Stadium. Washington finished with 19.33 points, its most at NCAA's since 1983, and coupled with last year's 15th-place finish, the Huskies have now had back-to-back Top-20 finishes for the first time since 1978-79.

The Husky women did not score for the first time since 2002, but senior **Amanda Miller** made sure the women did not go home empty-handed, as she earnd All-America honors in the 1500-meters, extending a streak where UW women have earned at least one All-American award for sis straight years.

"It was another great year for our men's program," said head coach Greg Metcalf. "We saw some seniors go out with a bang who have done amazing things for this program. Norris Frederick, Carl Moe, and James Fredrickson all have had wonderful careers and leave with 14 All-America awards between them. There were just a few too many injuries and a little too much youth in certain areas this season, and next year we plan on putting all the pieces together."

The men's team produced six All-America performances, led by junior **Jared O'Connor** continuing his amazing run that began with a West Regional title and ended in a second-place tie in the pole vault. Windy conditions bothered the field but O'Connor cleared each of his heights on first attemnts

"Coming in here I was definitely a long shot to say the least," said O'Connor. "To come out here in adverse wind conditions and suck it up and do the job I needed to do feels great. The key today was just hitting everything on first attempts and I did that."

Senior **Norris Frederick** ended his career as one of the most decorated Huskies in history, as he once again added All-America honors in the long and high jumps, the only jumper in the country to achieve the double feat. Frederick's nine All-America honors tied Ryan Brown for second-most in UW history, behind only the 10 of Ja'Warren Hooker. Senior **Carl Moe** also ended his career with a PR and his first individual All-America honor, as he placed eighth in the steeplechase.

Junior **Jordan Boase** closed out his historic season with a fourth-place finish in the 400m dash. Boase was running sixth with 150 meters to go before he unleashed his finishing kick, pulling closer with each second until he crossed alongside Baylor's LeJerald Betters just behind the top two. Both Boase and Betters ran 44.83, but taken out to thousandths of a second. Betters finished

Men

Top-10 Teams: 1. Florida State, 52; 2. LSU, 44; 2. Auburn, 44; 4. Texas, 35; 5. Texas A&M 32; 6. Arizona State, 28; 7. Baylor, 27; 7. Southern California, 27; 9. Kentucky, 25; 10. Colorado 24; **16. Washington, 19.33.**

UW Participants:

OVV I alti	vipanio.		
2nd (tie)	Jared O'Connor*	Pole Vault	17-2 3/4
4th	Jordan Boase*	400m Dash	44.83
6th	Norris Frederick*	Long Jump	25-6 3/4
7th	Austin Abbott*	800m Run	1:48.46
7th	Norris Frederick*	High Jump	7-1 1/2
8th	Carl Moe*	Steeplechase	8:41.83
15th	Boase/Fredrickson/ Turner/Hamilton	4x100m Relay	40.17
21st	Jake Schmitt	10000m Run	30:44.12
25th	James Fredrickson	400m Hurdles	52.22

Women

Top-10 Teams: 1. LSU, 67; 2. Arizona State, 63; 3. Texas A&M, 48; 4. Penn State, 39; 5. Texas Tech, 32; 6. Stanford, 31; 7. Michigan, 29; 8. Oregon, 27; 9. Florida, 26; 10. UTEP, 25.

UW Participants:

11th	Amanda Miller*	1500m Run	4:20.71
14th	Katie Follett	1500m Run	4:19.00
15th	Michelle Turner	1500m Run	4:20.06
21st	Falesha Ankton	100m Hurdles	13.69
* Earned All-America honors			

two. Both Boase and Betters ran 44.83, but taken out to thousandths of a second, Betters finished in 44.825 and Boase was fourth in 44.828.

"I didn't get out as fast as I wanted, but all in all it was a good race," said Boase. "Running 44.83 in windy conditions is nothing to complain about. It's just a fast year in the 400, that's not usually a fourth-place time. I think I left a little too much in the tank, but I'm happy. If you had told me a year ago I'd be fourth at the NCAA's and running 44.83 I never would have believed it."

In the men's 800m final **Austin Abbott** made a move over the final 200 meters but did not have quite enough to pick off as many runners as he had in the early rounds, and settled for seventh in a time of 1:48.46. He added a fifth All-America honor to his growing list of achievements, and his first since the 2007 Indoor meet.

Miller closed out her outstanding track career with an 11th-place finish in the 1500m run. As the seventh-placing American, Miller qualifies for her fourth career All-American honor. The quick pace left Miller in the second pack, but she closed well and finished in 4:20.71. Her fourth All-America honor came at the third different distance of her career, following awards for the 800-meters and mile run. It also helped wipe away the disappointment of the preliminary rounds, where **Katie Follett** and **Michelle Turner**, the top-two 1500m finishers in the West Region, were unable to advance to the final after getting obstructed by a crash in front of them.

"it was definitely the fastest race I've ever been in," said Miller. "The leaders went through the first 800 in 2:11. I knew it was going to be a tough race and I was just trying to hold on. I tried to pick off as many people as I could the last 400 meters. But it was a good fast race."

The 16th-place finish for the men also helped erase a disappointing ninth-place finish at Pac-10's. At NCAA's, the Huskies ranked fourth among Pac-10 schools, finishing ahead of Washington State (23rd), Arizona (23rd), UCLA (34th), Stanford (56th), and California (71st).